

To be read by all participants and spectators

RAF Health and Safety Policy for the Vale of Aylesbury Sponsored Ride

- The Organisers have the overall responsibility for the Health and Safety of the Event.
- The Event is organised in the accordance with Health and Safety Legislation. Everything reasonably practicable is done to ensure the Health and Safety and Welfare of those attending the event.
- Everybody participating in the event, be they riders, spectators, organisers or helpers are to take reasonable care for the health and safety of themselves and others who may be affected by their acts or omissions during the event.
- Riders and spectators are to follow the route of the course and must not deviate across MOD property. RAF Halton is a working Station and some areas are used for training with live ammunition. Please do not touch or pick up any spent ammunition as it may be dangerous.
- Riders, in accordance with the Rules in the Ride schedule, must wear accredited headwear, body protectors and carry medical armbands.
- Participants must not ride under the influence of alcohol or drugs.
- It is everybody's responsibility to immediately report any real or potential hazards – the means of communication are listed below.
- If you see anything suspicious please bring it to the attention of any military personnel in uniform.
- An adult must supervise children at all times.
- Dogs must be kept on a lead.
- Any participant breaching the Health and Safety Policy may be asked to leave the event.

The points of contact are:

- Chairman of the VASR Committee (Mr John Yarroll)
- Health and Safety Officer for the VASR Committee (Mrs Angela Rogers)
- Project Officer (Flt Lt Hannah Owens)
- Any member of the organising committee plus Stewards and Checkpoint Marshals (who will be wearing official VASR orange vests) and the Secretary's office
- Any member of the Royal Air Force Halton military support team

All the above will have the means to call for medical assistance, veterinary assistance, fence/course maintenance or general assistance.

In all situations, report the incident to them FIRST or call 07966 377698 (this is the Secretary's number). **Only call 999 as a last resort.**